

HOW CAN I FOLLOW

The Way of the Great Perfection

ALL-ENCOMPASSING PATH TO
ENLIGHTENMENT

1

GATHERING WITH YOUR SANGHA (IN-PERSON OR ONLINE) FOR THE MONTHLY LIVE SESSIONS

- Join freely on Prajna each month
- Teachings by our most senior, experienced teachers
- Fresh, contemporary and out of the box presentation of foundational topics

2

SUBSCRIBE TO THE FULL AEPE PROGRAM

- Includes weekly study & practice groups to further explore the monthly teaching
- Includes further teachings, guided practice and discussions

3

ADDITIONAL STUDY MATERIALS

- Members of the full AEPE program also have access to more teachings to deepen their understanding of each topic presented

4

IF YOU ASPIRE TO JOIN THE DZOGCHEN MANDALA

- Following the full AEPE program (1-3) can partially fulfill study criteria for joining the Dzogchen mandala
- More details to follow soon

Monthly Live Session Schedule

Autumn 2023-Summer 2024

Sunday 8 October 4pm CEST , Patrick Gaffney teaches **Key Principles of the Preliminary Practices**

Sunday 12 November 4pm CET , Patrick Gaffney teaches on **The Way to Receive Spiritual Teachings & Three Wisdom Tools**

Sunday 10 December 4pm CET , Verena Pfeiffer teaches on **Precious Human Life**

Saturday 13 January 9am CET , Jan Van Der Breggen teaches on **Impermanence**

Saturday 10 February (Losar) teacher tbc on **Defects of Samsara**

Saturday 9 March 11am CET , Philippe Cornu teaches on **Karma**

Saturday 13 April (3pm CET TBC) Alain Beauregard tbc teaches on **The Benefits of Liberation**

Saturday 11 May 11am CET , Kirsten Czczor tbc teaches on **How to Follow a Spiritual Friend**

Saturday June 8 11am CET , Dominique Side teaches on **Turning our Minds Towards Enlightenment**